



Realizing Your Visions and Dreams

### **An Opportunity for a Reduced Fee for Services**

Since 2007 I have been training in Emotionally Focused Therapy for Couples (EFT) and Accelerated Experiential Dynamic Psychotherapy (AEDP) for individuals. Both of these contemporary models of therapy teach and train by having therapists watching video tapes and live sessions of other therapists working, and by recording their own work with video recording to be reviewed with supervisors, credentialing bodies, and therapist peer supervision groups.

As part of my professional development and certifications, I have used and submitted videotapes to my supervisors, peers and credentialing bodies. If you are willing, I would to videotape some or all of our upcoming sessions, and to show them to my supervisors and to other therapists in supervision and training groups with me.

One direct benefit and value to you personally is that I will review the work that we do together, and I will be able to see elements that I may have missed when we were in session together. If I receive consultation with one of my sessions with you, I will provide you with this added feedback from my supervision.

In addition you will also be helping therapists who are working with these models – helping us expand our body of knowledge and competence about how healing and transformation happens with real life situations – and you will be helping the individuals who are helped by these therapists.

In reciprocity for your generosity, I will reduce my fee 25% for any couple or individual who allows me to videotape our sessions. Please indicate in our phone consultation whether you want to take advantage of this opportunity as part of our work together.

I will set up the camera ahead of time, so that we have no interruption or distraction to our work together.

I will treat the tapes of our session with the same confidentiality that I treat my written records pertaining to you – locked safety, and after being reviewed, deleted. Also to add to confidentiality, any therapist who may recognize your image or may know you is asked to excuse him/herself from watching the video before it begins.

Thank you for your generosity.